








## A CAMP FOR CHILDREN OF MILITARY FAMILIES (BOTH ACTIVE AND RETIRED)

### **Camp Maple Leaf is designed to provide:**

-  A supportive social network that campers can lean on and relate to throughout the year.
-  The realization that they are not alone in the challenges they face.
-  A normalization of their life situations.
-  New coping skills.
-  Increased resilience.



### **Our Campers**

- 3 to 1 ratio (campers to staff)
- Ages 7 to 16
- Leadership opportunities for our older campers

### **Session 1 & 2**

The children of our military heroes are asked to move, change schools, make new friends and be brave when they must say goodbye to their parents. Camp Maple Leaf offers peer support through friendship, recreation, and fun.

### **History**

The Canadian Council of War Veterans started CML in Ontario in 1955. This summer we are proud to launch our newest camp in New Brunswick.



### **Session 3 - Kids of Heroes**

Working with the Mental Health Services Team from the Military Family Resource Centres, we offer a session dedicated to providing extra "kid-friendly" support for the children of our country's heroes (Military and First Responders) who live with an operational stress injury as a result of their service.

### **Camp Maple Leaf**

Camp Maple Leaf is a charitable organization that gives children of Canadian Military Families and children who share similar unique life challenges a camp to call their own. Camp Maple Leaf supports and celebrates them for who they are, and fosters friendships that follow them home.



# 5 NIGHTS & 6 DAYS OF EXTREME FUN!

## 6 Days...6 Goals!

1. Friendships that will follow campers home.
2. Fun and memories that will last forever.
3. Try something new that they can't do at home.
4. Personal growth.
5. Sense of belonging to a unique camp family.
6. A respect and understanding for our heroes.

## Land Activities

- Arts & Crafts
- Performing Arts
- Nature Program
- Mountain Biking
- Low Ropes Course
- Volleyball
- Sports
- Archery

## Waterfront Activities

- Swimming
- Canoeing
- Sailing
- Fishing with Sticks
- Row Boating
- Water Trampoline

## But Wait... There's More!

Lots of choice, campouts, campfires, amazing food in our Lodge, bunkbeds in cabins, carnival/dance parties, all-camp evening programs, Red vs Blue: camp-wide games, crazy camp traditions, paint, sparkles and so much more!!!

## Location

Camp Maple Leaf is located on the shores of Greenhill Lake within the beautiful hills of mid-western New Brunswick.

## Transportation

Transportation to the island is included from locations central to where campers reside.

## Fees

It is affordable for all families as our fees are subsidized so that families pay only what they are able to afford.



## CONTACT Camp Maple Leaf

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